

Name Father's Name Date of Birth Educational Qualification Present Employment

Residence Address

Dr. Deepti Hooda

Sh. Shri Bhagwan Hooda
17.9.1978
M.A. (Psychology), Ph.D.
Assistant Professor,
Department of Psychology,
M.D. University, Rohtak (Haryana).

3/9J, M.D. U Campus, Rohtak-124001 M- **9416740136** 

E-mail address:

deepti.hooda17@gmail.com

Teaching / Research Experience: 11 years 8 months

**Dissertation / Thesis Supervised:** Ph.D Awarded: 2, In Progress:2, Proposed:1

M.Phil Awarded: 5, In Progress:2

**Editing / Published Work:** 

**Books (Edited) Published: 2** 

Papers Published in Journals and Edited books: 30

**Journals:** 1 (Managing Editor, *Journal of Indian Health Psychology*).

Publisher: Global Vision Publishing House, New Delhi

**Research Area:** Personality, Positive and Health Psychology

Conference / Seminar / Workshop Attended: 60

Paper presentations in Conference / Seminar / Workshop: 50

Refresher/ Orientation/ Training courses: 05 Membership of Academic/Professional Bodies: 2

### 1. Educational Qualifications

Exam Passed	Universi ty / Board	Year of Passin g	% age of mark s	Divisio n	Subject options	studies	including	Award s /Medal s Prize	
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						/ Merit, if any
Matric or Equivalent	C.B.S.E.	1994	62.2	I	Hindi, English, SC, SST, Maths.	-
Hr.Sec./ Pre. Univ. / 10+2 / Inter	Haryana Board	1996	64	Ι	Hindi, Eng., Phy., Chem., Bio	-
B.A./B.Sc. / <b>B.Com</b> .	M.D.U.	1999	68.5	I	Hindi, Eng., Psychology, Sociology	-
M.A. /M.Sc. / or any other Master's Degree (Name the subject)	M.D.U.	2002	75.5	Ι	Psychology	-
NET /SLET		2004				-
M. Phil	-	-	-	-	-	
Ph.D.	M.D.U	2008			Subject: Psycholog y Title of the Thesis: Intelligence As A Correlate Of Positive Health	
Employment	Details(in o	chronologi	cal order	):	,	1

Sr. No.	Name of Institution	Designation	From	То
1	M.D. University, Rohtak	Lecturer (Gues Faculty)	10.11.04	27.4.05
2	G. J.University, Hissar	Lecturer (Gues Faculty)	14.7.05	14.11.05
3	M.D. University, Rohtak	Lecturer (Gues Faculty)	14.11.05	17.6.06
4	Kurukshetra University, Kurukshetra	Asst.Prof.	19.6.2006	10.11.08

5	M.D. Rohtak	University,	Asst.Prof.	10.11.08	till date
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# **Total publications**

Books: 2

- 1. Amrita Yadava, **Deepti Hooda** and NovRattan Sharma (2012). *Biopsychosocial Issues in Positive Health*, NewDelhi: Global Vision Publishing House. ISBN: 978812204911
- 2. **Deepti Hooda** and NovRattan Sharma (2013). *Mental Health: Risks and Resources*, NewDelhi: Global Vision Publishing House. ISBN: 978-81-8220-582-6

### Papers in Journals: 20

- 1. Nov Rattan Sharma, Amrita Yadava and **Deepti Hooda** (2005). Effect of Yoga On Psycho-physical functions. *Journal of Indian Psychology*, 23, 37-42.
- 2. **Deepti Hooda,** NovRattan Sharma and Amrita Yadava (2008). Emotional Intelligence as a Predictor of Positive Health in Working Adults. *Journal of Indian Health Psychology*, 2, 196-207.
- 3. **Deepti Hooda,** NovRattan Sharma and Amrita Yadava (2008).Sex Differences in Intelligence among working Adults. *Global Journal of Business Management*, 2,133-142.
- 4. **Deepti Hooda**, NovRattan Sharma and Amrita Yadava (2009). Social Intelligence as a predictor of Positive Psychological Health. *Journal of Indian Academy of Applied Psychology*, 35,143-150.
- 5. **Deepti Hooda,** NovRattan Sharma and Amrita Yadava (2010). Intelligence as Contributor of Positive Health Across Gender. *Indian Social and Psychological Studies*, 3(2), 59-70.
- 6. Arun Kumar, Sujata and **Deepti Hooda** (2010). Relationship Among Gratitude, Hope and Well-Being in Daily wages Labourers. *Journal of Indian Health Psychology*, 5,122-132.
- 7. **Deepti Hooda,** NovRattan Sharma and Amrita Yadava. (2011). Emotional Intelligence and Spiritual Health among Adults. *Journal of Indian Academy of Applied Psychology*. *37* (2),246-250.
- 8. **Deepti Hooda,** NovRattan Sharma and Amrita Yadava. (2011). Effect of Age, Gender and Marital status on Positive Subjective Experiences. *Indian Journal of Psychological Science*. 2 (1),1-9.
- 9. **Deepti Hooda,** NovRattan Sharma and Amrita Yadava. (2011). Level of Emotional Intelligence and Positive Health. *Psyber News*, 2 (4),147-153.
- 10. Arun Kumar, Mandeep Sharma and **Deepti Hooda**. (2012). Perceived Parenting Style as a Predictor of Hope among Adolescents. *Journal of Indian Academy of Applied Psycholog*, 38(1),174-178.

- 11. **Deepti Hooda**, Nov Rattan Sharma & Amrita Yadava (2013). Effect of Social Intelligence on Positive Living. *Journal of Positive Psychology*, 2 (1), 16-23.
- 12. Kadambari, Swati Singh and **Deepti Hooda** (2014). A study of correlation between Locus of Lontrol and Adherence to Medication in Diabetes Type-2 patients. *Journal of Indian HealthPsychology*, 9 (1), 121-128.
- 13. Pooja and **Deepti Hooda** (2015). Forgiveness and Wellbeing: An across Generation Study *Journal of Indian Health Psychology*, *9* (2), *1-12*.
- 14. Pooja, **Deepti Hooda** and NovRattan Sharma. (**2016**) Across Generation Study of Subjective Wellbeing. *Journal of Indian Health Psychology*, *10* (2), *100-110*.
- 15. Kadambari and **Deepti Hooda** (2016). Role of Self Efficacy and Locus of Control in Adherence to Medical Regime among Arthritis Patients. *Journal of Indian Health Psychology*, 11 (1), 73-84.
- 16. Poonam Devi, NovRattan Sharma and **Deepti Hooda** (2017). Subjective Vitality in Relation to Hope among Adolescent. Journal of Indian Health Psychology, 11 (2), 37-46
- 17. Annu, **Deepti Hooda** and NovRattan Sharma (2017). Emotional Intelligence as predictor of Resilience. Journal of Indian Health Psychology, 11 (2), 81-88.
- 18. Kadambari, **Deepti Hooda** and NovRattan Sharma (2017). Social Support and Adherence to Medical Regime among Osteoarthritis Patients. Stress Management Professional: An International Journal, 5 (2), 18-24.
- 19. *Pooja*, **Deepti Hooda** *and NovRattan Sharma* (2018). Across Generation Study of Prosocial Behaviour and Empathy. *Indian Journal of Psychological Science*, 9 (2), 57-65.
- 20. Kadambari, **Deepti Hooda** & NovRattan Sharma (2018) "**Locus of Control, Self Efficacy and Adherence to Medical Regime in Diabetic Patients**" Journal of Indian Academy of Applied Psycholog, 44(2), 231-241.

### **Chapters in Books:** 8

- 1. Nov Rattan Sharma, **Deepti Hooda** and Amrita Yadava (2004). Study of anger in relation to personality. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.106-112) Delhi, Wisdom Publication.
- 2. **Deepti Hooda,** Amrita Yadava and NovRattan Sharma. (2010). Development of Positive Psychological capital in Business Organisations. In: Nov Rattan Sharma and Amrita Yadava (Eds.). *Business Psychology* (pp. 333-380). New Delhi: Global Vision Publishing House.
- 3. Jayoti, Amrita Yadava and **Deepti Hooda** (2010). Study of Violence in Relation to Moral Disengagement and Guilt Reactions. In: Neelam Rathee (Ed). *Violence and Conflict Resolution* (pp. 131-142). New Delhi: Global Vision Publishing House.
- 4. **Deepti Hooda**, NovRattan Sharma and Amrita Yadava (2012). Intelligence and Positive Health: A Critical Review. In: Amrita Yadava, Deepti Hooda and NovRattan Sharma (Eds). *Biopsychosocial Issues in Positive Health* (pp. 159-170). New Delhi: Global Vision Publishing House.
- 5. Renu, NovRattan Sharma and **Deepti Hooda** (2013). Interpersonal Relationship and Positive Health. In Deepti Hooda and NovRattan Sharma (Eds.) Mental Health: Risk

- and Resources(pp 45-66) New Delhi: Global Vision Publishing House. ISBN 978-81-8220-582-6
- 6. Muni Ram, **Deepti Hooda** and Sushma Sharma (2013). Suicide: Interplay between Risk and Protective Factors. In Amrita Yadava and NovRattan Sharma (Eds) Suicide: Attitude and Prevention (pp-119-140). New Delhi: Global Vision Publishing House. ISBN 978-818220-583-3
- 7. **Deepti Hooda**, NovRattan Sharma and Amrita Yadava (2016). Prosocial Behaviour and Wellbeing: An Analytical Review. In G. Venkatesh Kumar and NovRattan Sharma (Eds). Behavioral Transformation in Applied Psychology (pp 113-136). New Delhi: Global Vision Publishing House. ISBN 978-81-8220-658-8
- 8. Swati, **Deepti Hooda** and NovRattan Sharma (2016). Personality Facets as predictors of Forgiveness and Gratitude. In G. Venkatesh Kumar and NovRattan Sharma (Eds). Experiential Applied Psychology (pp 29-52). New Delhi: Global Vision Publishing House. ISBN 978-81-8220-708-0

### Papers in the proceedings of the Conferences: One

1. Amrita Yadava, **Deepti Hooda** and NovRattan Sharma (2012). Psychosocial Issues in Health and Illness. *Proceedings of National Seminar on Challenges in combating Diseases: cause to cure*, 311-320.

# Paper in Newsletters/ Magazines: One

1. **Deepti Hooda** and NovRattan Sharma (2011). Positive Psychological Capital: Concept and Implications. News Letter Haryana Psychology Association, 4(1), 5-8.

### Paper presentation in Seminars/ Conferences/Workshops:-

- 1. Participated and presented a paper entitled "Does Personality influence expression of Anger" in National seminar on Individual Differences and Behaviour, organized by Department of Psychology, M.D.University, Rohtak on Oct. 11-12, 2002.
- 2. Participated and presented a paper entitled "Effect of yoga practice on Psycho-Physical functions" in 7th International and 38th National Conference of IAAP organized by Department of Psychology, J.N.V.University, Jodhpur from 11.10.2003 to 13.10.2003.
- 3. Participated and presented a paper entitled "Drug Abuse- An abstract based Review" in ICSSR sponsored seminar on Substance abuse/misuse in North-Western region of India: Causes, Consequences and Remedies on 31.1.2004, organized by Department of Psychology, M.D.University, Rohtak.
- 4. Participated and presented a paper entitled "Optimism as a determinant of Health" in International Conference of IAAP on Positive health and Well being from 15.7.2004 to 17.7.2004, organized by Department of Psychology, M.D.University, Rohtak.
- 5. Participated and presented a paper entitled "Identification of problem areas of youth" in a National Seminar on Social psychological problems of Youth organized by Govt. P.G. College Bahadurgarh from 22-12-04 to 23-12-04.
- 6. Participated and presented a paper in a National Seminar on Psycho-physiology of well being at Department of Psychology, M.D. University, Rohtak from 28.3.2006 to 29.3.2006.

- 7. Participated and presented a paper entitled "Social Intelligence as a correlate of Positive Health" in National Seminar on Positive Perspective of Health and Behavior on 1st and 2th Feb. 2008 organized by Dept. of Psychology, Maharshi Dayanand University, Rohtak.
- 8. Participated and presented Papers entitled "Emotional Intelligence as a predictor of Positive Health in working Adults", "A study of blood pressure in relation to Happiness and optimism" and "Locus of control in relation to optimism and life satisfaction" in National Seminar on Community Mental Health: Issues and Challenges on 15th and 16th Feb. 2008 organized by, Department of Psychology, Kurukshetra University, kurukshetra.
- 9. Participated and presented papers entitled "BMI as a indicator of Self esteem and " Explore the Self and Rising life" in National Seminar on Parenting of Adolescents-Trend and Role in Modern Era at Chandigarh on 4th March, 2009, organized by Department of Psychology, Govt. College, Sector-46, Chandigarh.
- 10. Participated, presented papers entitled "Spiritual Intelligence and Positive Psychological Health", "Personality, Exercise behavior and Life satisfaction among adults" and "Comparison of general health between businessman, professionals and people working in organization" and chaired a session (Session-X) in National Seminar on mental Health and Current Scenario on 20th & 21st March 2009 as Chairperson, organized by Department of Psychology, Gurukal Kangri University, Haridwar (Uttarakahand).
- 11. Participated and presented papers entitled "Gratitude and Wellbeing" and "Positive Psychological Capital: concept and Implications" in national seminar on Positive Psychology Current Trends and Application at Dept. of Psychology B.L.J.S. College Tosham from 22-1-10 to 23-1-10
- 12. Participated and presented a paper entitled "Emotional Intelligence and Spiritual Health in an International Seminar from August 6-8, 2010 organized by Amity University, Jaipur, Rajisthan.
- 13. Delivered a lecture on Personality Development on 12th Feb., 2011 in two days workshop on Career Counseling and Guidance during 11th -12th Feb., 2011 at M.A.P.G. College for Women, Jhajjar, Haryana.
- 14. Participated and presented a Paper entitled "Role of Resilience in Sports" in a State level Seminar on March 05, 2011 organized by Department of Physical Education, Hisar, Haryana.
- 15. Conducted a workshop on "Ecological Attitude: Assessment and Change" in a U.G.C Sponsored National Seminar on Psycho-Social Antecedents and Moderators of Environment from March 10-12, 2011 organized by Department of Psychology, B.L.J.S P. G. College, Tosham
- 16. Participated and presented a Paper entitled "Applications of Positive Psychology in controlling Psychosocial pollution" in a U.G.C Sponsored National Seminar on Psycho-Social Antecedents and Moderators of Environment from March 10-12, 2011 organized by Department of Psychology, B.L.J.S P. G. College, Tosham
- 17. Participated, acted as Rapporteur and presented a paper entitled "A study of Type-A behavior pattern among diseased and normal healthy group" in a National Seminar on Community Health Psychology: Research and Applications from March 26-27, 2011 organized by Department of Psychology, M.D.University, Rohtak.

- 18. Participated and presented two papers entitled "Hope among Adolescents as predicted by Perceived Parenting" and "Effect of social intelligence on Positive Living" in a One day workshop on Positive Psychology and Socio- Cultural Issues on 27.4.2011 organized by Department of Humanities and Social Sciences, IIT, Delhi.
- 19. Participated, Chaired session 'P', and presented a paper entitled "NEO-Personality factors as correlate of Gratitude" in a National Seminar on Health Psychology and Rehabilitation: The crisis among youth and aged from 12th to 13th Oct., 2011, organized Department of Psychology, Govt. College, Sector-46, Chandigarh.
- 20. Participated, acted as Rapporteur and presented a paper entitled "Gender Issues in Health" in a National Seminar on Women Society and State from 9-10th Feb., 2012, organized by Women Studies Centre, M.D. University, Rohtak
- 21. Participated and presented a paper entitled "Use of Social Networking sites(Facebook) and social Skills" in a International Seminar on Applied Psychology from 24th to 25th Feb., 2012, held at Punjab University, Chandigarh.
- 22. Participated, Chaired sessions (Poster session-I and Technical session- XXV), Cochaired (Technical session-VI) and presented paper entitled "A study of Forgiveness in relation to personality factors" in National Seminar on Psychological wellbeing building bridges for tomorrow at Chandigarh on 5-6 October, 2012, organized by Department of Psychology, Govt. College, Sector-46, Chandigarh.
- 23. Participated and presented a paper entitled "The Study of effect of Age and Gender on Positive Health" in a National Seminar on Aging Workforce is a resource we can no Longer effort to Waste from March 1st to 2nd 2013, held at Dept. of Psychology, University of Delhi, South campus.
- 24. Participated and presented papers entitled "Efficacy of stress inoculation on decreasing stress and enhancing Positive behavior change in coronary heart disease patients" and "Effect of Perceived Stress on Cardiovascular Diseases" in a International Seminar on Stress Management Professional from 8th to 9th November 2013 organized by International Stress Management Association at ni-msme, Hyderabad.
- 25. Participated, Co-chaired a session (Cognition Session) and presented a paper entitled "Effect of Intelligence on information processing (**BEST PAPER AWARD**)" in an International conference on Recent Advances in Cognition and Health from 23rd -25th January, 2014 organized by Dept. of Psychology Banaras Hindu University, Varanasi-221005.
- 26. Participated, Co-chaired a session and presented papers entitled "Intelligence and Health: A factor analytical study" and "Effect of Personality on Attention Processes" (*Dr. Deepak Bhatt Best Paper Award*) in IAAP International Conference on Psychology for Holistic Living in Global world from 1st -3rd March, 2014 held at GLS campus, Ellis Bridge, Ahmedabad-380006.
- 27. Participated and presented a paper entitled "Forgiveness And Wellbeing: An Across Generation Study" in an International conference on Wellbeing and Human Development from 24th -26th November, 2014 organized by Dept. of Psychology, Aligarh Muslim University, Aligarh.
- 28. Participated and presented a paper entitled "Gender differences in Relationship satisfaction" in a National conference on Social Transformation forcing Inclusive Development in India from 13th -14th March, 2015 organized by Dept. of Sociology, M. D. University, Rohtak.

- 29. Attended, Co-chaired a session and presented a paper entitled "Intelligences of Employees in relation to Age, Marital Status and Work Sector" in a Centenary Conference on Psychology- An International Event organized by Dept. of Psychology and Dept. of Applied Psychology, University of Calcutta, Kolkata from 9th -11th October, 2015.
- 30. Attended and presented a paper entitled "Personality as a predictor of Gratitude" in 2nd International Conference on Stress Management Professionals organized by International Stress Management Association on 6th & 7th November, 2015 at Hyderabad.
- 31. Attended and presented a paper entitled "Prosocial Behaviour as predictor of Subjective wellbeing" in 1st Asian-Pacific Conference of Rajasthan Psychology Academy on Pursuit of Happiness: A journey to Healthy Living organized by Department of Psychology, University of Rajasthan, Jaipur on 1st & 2nd March, 2016.
- 32. Delivered an <u>extension Lecture</u> on "Managing Internet Use through Emotional Intelligence" in a one day workshop on Internet Addiction- Stress/ Emotional Intelligence among Youth organized by G.V.M Girls College on 29.03.2016
- 33. Attended, Chaired a session and presented a paper entitled "Prosocial Behaviour and Wellbeing: Across generation study" (*Dr. Deepak Bhatt Best Paper Award*) in 51st National and 20th International Conference of IAAP on 6th -8th May, 2016 organized by Department of Psychology, Jnana Bharathi, Bangalore University, Bengaluru.
- 34. Participated, presented a paper entitled "Across generation study of Prosocial Behaviour" (*Best Paper Award*) and conducted a Symposium on "Role of Life skills in enhancing Mental Health of school going adolescents" in 6th InSPA International Conference organized by Department of Applied Psychology in Pondicherry University, Puducherry on 13th -15th October, 2016
- 35. Attended, Chaired a session and presented a paper entitled "Comparative study of Self-efficacy and Adherence to Medical Regime in Diabetes and Arthritis" (*Dr. Deepak Bhatt Best Paper Award*) in 52st National and 21th International Conference of IAAP on 23rd 25th February, 2017 organized by Department of Psychology, University of Rajasthan, Jaipur.
- 36. Participated, chaired a session (Session-III) and presented two Papers entitled "Role of Emotional Intelligence and Forgiveness in Relationship Satisfaction" and "Social Support and Adherence to Medical Regime in Arthritis Patients" in a National Seminar on Health Promoting Lifestyles from March 25, 2017 organized by Department of Psychology, S.J.K. College, Kalanaur and Sponsored by Director of Higher Education, Harvana.
- 37. Participated, chaired a session (Session-I, 19.9.17) and presented a Paper entitled "Role of Social Support in Adherence to Medical Regime in Diabetic Patients" in a 4th International and 6th Indian Psychological Science Congress from 18th to 20th September, 2017 organized by Department of Psychology, P.U and National Association of Psychological Science.
- 38. Attended, Chaired a session (Positive youth development) and presented a paper entitled "Health Locus of Control and Adherence to Medical Regime in Diabetes and Arthritis: A comparative study" (*Dr. Deepak Bhatt Best Paper Award*) in 53rd National and 22nd International Conference of IAAP on 16th 18th February, 2018 organized by Department of Applied Psychology, Pondicherry University, Puducherry.

39. Attended, Chaired a session and presented a paper entitled "Gender differences in Intrapersonal and Interpersonal factors associated with adherence to treatment regime in diabetics" in International conference on Positive Psychology for Health and Wellbeing, organized by Department of Applied Psychology, GJUST, Hisar, Haryana from 9th-10th March, 2018.

#### Awards:-

**Best paper award** for paper entitled "Effect of Intelligence on information processing" in 2nd International conference on Recent Adances in Cognition and Health held in the Department of Psychology, Banaras Hindu University, Varanasi from January 23-25,2014.

**Deepak Bhatt Award** for Best Paper during the IAAP International Conference from 1st -3rd March, 2014 held at GLS campus, Ellis Bridge, Ahmedabad.

**Deepak Bhatt Award** for Best Paper in 51st National and 20th International Conference of IAAP on 6th -8th May, 2016 organized by Department of Psychology, Jnana Bharathi, Bangalore University, Bengaluru.

**Best Paper Award** for Paper entitled "Across generation study of Prosocial Behaviour" in 6th InSPA International Conference organized by Department of Applied Psychology in Pondicherry University, Puducherry on 13th -15th October, 2016

**Deepak Bhatt Award** for Best Paper in 52st National and 21th International Conference of IAAP on 23rd - 25th February, 2017 organized by Department of Psychology, University of Rajasthan, Jaipur.

**Deepak Bhatt Award** for Best Paper in 53rd National and 22nd International Conference of IAAP on 16th - 18th February, 2018 organized by Department of Applied Psychology, Pondicherry University, Puducherry.

### Participated in Seminars/ conferences/ workshops/ camps:

- 1. Participated in National seminar on Health Psychology: Retrospect and Prospects from 29-03-05 to 30-03-05, organized by Department of Psychology, M.D.University, Rohtak.
- 2. Participated in one day workshop on Projective Indicators of well being in Somatic Inkblot Series (SIS) on 7.6.2005 organized by Department of Psychology, M.D.University, Rohtak.
- 3. Participated in a workshop on Latest development in Positive Psychology organized by Department of HSS, IIT, Delhi on 15-1-10.
- 4. Participated in a workshop on Experiential Training and Development on 11.2.2010, organized by Department of Psychology, M.D.University, Rohtak
- 5. Participated in a National Seminar on Revitalizing Teacher Education from 10th -11th March, 2012,. organized by Dept. of Education and AITEA, M.D.University, Rohtak
- 6. Participated in National seminar on Community Health Psychology: Research and Applications from 26-03-11 to 27-03-11, organized by Department of Psychology, M.D.University, Rohtak.
- 7. Participated in a workshop on "Combating Stress" on 9.4.2011, organized by Department of Psychology, M.D.University, Rohtak
- 8. Participated and acted as Rapporteur in a workshop on "Research and Extension Avenues in Women Studies" on 3.2.2012, organized by Women Studies Centre, M.D.University, Rohtak

- 9. Participated in a workshop on "Enhancing Success and Flourishing in Women" on 27.3.2012, organized by Women Studies Centre, M.D.University, Rohtak
- 10. Participated in a workshop on "Hypnosis" on 28.3.2012, organized by Department of Psychology, M.D.University, Rohtak.
- 11. Participated in National seminar on Promoting Community Health from 15th -16th September 2012, organized by Department of Psychology, M.D. University, Rohtak.
- 12. Participated in a workshop on "Towards change that respects rights and dignity" on 6th-8th November, 2012, held at Bhagat Phool Singh Mahila Vishwavidyalaya, Khanpur Kalan, Sonepat, Haryana.
- 13. Participated in a workshop on "Health and Legal awareness" on 16.3.2013, organized by Women Studies Centre, M.D. University, Rohtak
- 14. Participated in a workshop on "Storytelling: A qualitative Method for Psychological Research" on 25.3.2014, organized by Department of Psychology, M.D.University, Rohtak.
- 15. Actively Participated in five days Psychological Assessment Camp organized by Department of Psychology, M. D. University from 12th to 16th January, 2017 during 21st National Youth Festival
- 16. Participated in a National symposium on Interdisciplinary discourse in Social sciences on 22.3.2017, organized by Faculty of Social sciences, M.D. University, Rohtak.
- 17. Actively Participated in Health Awareness and Psycho-education Programme organized by Department of Psychology, M. D. University on 7th April, 2017
- 18. Actively Participated in a workshop on Actors and Emotions: A psychological perspective on 31st oct. 2017

# **Organized Seminar/conference/ workshop:**

- 1. Organized (Joint Organizing Secretary) National Seminar on Positive Psychology and Health: Interventions and Strategies organized by Department of Psychology from March, 28-29, 2010.
- 2. Organized one day workshop on Hypnosis: A Therapeutic Wellness Tool in the Department of Psychology on 27.3.2014.
- 3. Organized one day workshop on Pain Management in the Department of Psychology on 18.11.2015.
- 4. Organized one day workshop on Qualitative Analysis in the Department of Psychology on 10.11.2016.
- 5. Organized (Teacher Incharge) Community Bicycle Ride for Wellness on 8.1.18 by the Department of Psychology, M.D.U

#### **Orientation Course / Refresher Course:**

Sr. No.	Programme	Duration	Organized by
1.	Orientation Course	23.11.2007 to 20.12.07	ASC, K.U.K.
2.	Refresher Course	16.12.09 to 5.1.2010	ASC, K.U.K.

3.	Refresher Course	12:12:2011 to 31:12:2011	ASC, J.N.V University, Jodhpur
4.	Refresher Course	7:8:2013 to 27:8:2013	ASC, Kumaun University, Nanital
5.	One week Research methodology workshop	24.11.2017 to 30.11.2017	ASC, Punjabi University, Patiala

## Membership of Academic/Professional Bodies=2

1. Haryana Psychological Association.

2. Indian Academy of Applied Psychology.

**Dissertation / Thesis Supervised:** Ph.D Awarded: 2,

In Progress: 2,

Proposed:1 M.Phil Awarded: 5,

In progress: 1

### Ph.D:- Awarded: 1

- 1. Across Generation study of Prosocial Behaviour and Subjective Wellbeing (Pooja, August, 2016)
- 1. Self Efficacy, Locus of control and Social support in Adherence to Medical Regime in Diabetes and Arthritis (Kadambari, 2017, Dec.)

## M.Phil:- Awarded: 5

- 1. Gratitude and Forgiveness in relation to Personality (Swati Nagpal, 2009-10)
- 2. Correlational study of Positive Psychological Capital and Organizational Commitment (Kavita, 2010-11)
  - 3. Relationship between Emotional Intelligence and Resilience among adults (Annu, 2011-12)
  - 4. Role of Emotional Intelligence and Forgiveness in Relationship Satisfaction (Deepak Kumar, 21.7.2015)
  - 5. Gender differences in Reasoning among school students (Sheetal Khatri, March, 2016)